



Unwanted Kit

The Unwanted-Kit is a brand of abortion pills found in India. It contains two medications used in abortions: mifepristone and misoprostol. Navigating an abortion and the Unwanted Kit can bring about many questions, but this guide will walk you through everything you need to know.

What exactly is the Unwanted Kit?

The Unwanted Kit is a set of abortion pills that work together to effectively terminate a pregnancy. It is indicated for self-managed abortions for pregnancies as far as 13 weeks.

What is the medicine in an Unwanted Kit?

Included in the Unwanted Kit are mifepristone and misoprostol. Each of these medications have distinct roles in having an abortion.

Mifepristone is the first medication you will take in the Unwanted Kit. It is a drug that blocks progesterone, a hormone important to the growth and development of a pregnancy. By blocking progesterone, mifepristone causes uterine lining breakdown. This prevents the pregnancy from continuing. The Unwanted Kit contains one 200 mg tablet of mifepristone.

Misoprostol, on the other hand, is the medication you will take second. Misoprostol causes the uterus to contract so that your body passes the pregnancy contents. The Unwanted Kit contains four 200 mcg tablets of misoprostol.

How much does an Unwanted Kit cost?

The price of an Unwanted Kit will depend on where you are located. Typically, the Unwanted Kit can be between Rs 386 to Rs 400.

How do I take the Unwanted Kit?

As aforementioned, the Unwanted Kit comes with one mifepristone pill and four misoprostol pills. The procedure for taking these medications is as follows:

- Start by taking one mifepristone pill (200 mg) with water orally.
- Wait between 24 to 48 hours before taking the next medication, mifepristone.
- Put the four misoprostol pills under the tongue (also known as sublingually). Let them sit for 30 minutes, allowing them to dissolve. At the end of the 30 minutes, you can swallow the remainder of the pills.

Though this protocol is relatively straightforward, there are certain things to consider when taking the Unwanted Kit:

- Some individuals may require an additional round of misoprostol (e.g., another four pills of misoprostol).
- If you vomit within the initial 30 minutes of taking mifepristone, you will likely require another mifepristone pill.

If you encounter either of these scenarios, visit <u>safe2choose's website</u> and <u>contact their counselors</u> to seek advice and get connected to additional medication. Safe2choose also explains the <u>full protocol</u> for taking the abortion pill on their website.

How do I prepare for the Unwanted Kit?

After taking the pills in the Unwanted Kit, specifically misoprostol, you may experience some uncomfortable side effects. Therefore, it is best to clear your schedule, if possible, the day that you take the misoprostol pills to allow yourself time to rest.

It would also be helpful to have certain medications and tools on hand. For certain side effects, pain relievers and a heating pad can be helpful. To help manage bleeding, have your feminine hygiene products of choice on hand.

What happens after taking the Unwanted Kit?

The Unwanted Kit, though very effective, can cause some unpleasant side effects. The main side effects include cramping. Usually, cramping resolves within a day, while bleeding can last for a number of days afterwards. This is completely normal and to be expected.

You can manage cramping with over-the-counter pain reliever such as Tylenol or ibuprofen. Rest and a heating pad can also be helpful. You can manage the bleeding the same way you do with your period with whatever is most comfortable to use. You can use pads, tampons, or a menstrual cup.

You may also experience nausea. Certain medications like ondansetron can help to manage feelings of an upset stomach.

Can anybody not take the Unwanted Kit?

If you have any of the following conditions, you should not take the Unwanted Kit:

- Bleeding disorders
- Allergy to misoprostol or mifepristone
- Allergy to prostaglandins
- Suspected ectopic pregnancy
- Use of an intrauterine device (IUD)
- Anemia

Additionally, certain drugs might interact with the medication in the Unwanted Kit. These include, but are not limited to, ketoconazole, erythromycin, rifampicin, dexamethasone, phenytoin, itraconazole, cyclosporine, phenobarbital, tacrolimus, carbamazepine, sirolimus, and ergotamine.

How can I get an Unwanted Kit?

If you are seeking an abortion and want to do so using abortion pills, the Unwanted Kit is a great option. The accessibility of the Unwanted Kit depends on where you are located, and in most instances, you will need a prescription to pick it up at the pharmacy.

If you need an Unwanted Kit, contact the <u>counselors</u> at safe2choose via live chat or email. These counselors can help connect you with a healthcare provider nearby that can prescribe the Unwanted Kit.

Conclusion

In summary, the Unwanted Kit is a safe and effective way to end a pregnancy. If you are interested in abortion and would like help accessing an Unwanted Kit, contact the counselors at <u>safe2choose</u>.