



## **MINI-CLINICAL OUTREACH TEAM (Mini-COT)**

**Bringing Services Closer to Communities**

Foundation for Reproductive Health Services India (FRHS India) is an affiliate of MSI Reproductive Choices. We work towards delivering family planning information and services to women, closer to where they live through Mini-Clinical Outreach Teams (Mini-COTs). Mini-COT is a mobile three-member team which also builds the capacity of the sub-centre Auxiliary Nurse Midwife (ANM) through training, supportive supervision and on-the-job mentoring, so as to enable ANMs to offer services independently.

In 2020, our Mini-COTs left no stone unturned in delivering their services. In the middle of the pandemic, they kept in touch with clients and provided them information and counselling services despite the restrictions.

### **Background**

Young women and adolescents in rural areas are unable to access family planning and reproductive health as they are less informed and have limited access to Primary Health Centres (PHCs), which may be located far away. The health sub-centres, which are closer to where they live, are often not in a position to offer services due to various constraints such as lack of trained personnel and inadequate equipment.

### **How Do Mini-COTs Work?**

Mini-COT is a mobile three-member team which is trained and equipped to offer spacing methods of family planning. The team provides services at the health sub-centres which are identified in consultation with the district authorities. On pre-determined days, Mini-COTs travel from the headquarters to the identified sub-centres. Community health workers let the local people know about the visit in advance.

# Team Composition

The three-member Mini-COT consists of:



Nurse



Counsellor



Driver-cum-Assistant

## Services Offered

A Mini-COT offers a basket of reproductive health and family planning services which include:

- Intra Uterine Contraceptive Device (IUCD) insertion and removal (5 years and 10 years)
- Follow-up and referral for IUCD clients
- Family Planning Counselling including post partum family planning counselling
- Emergency Contraceptive Pills
- Referrals for clients who need permanent methods
- Oral Contraceptive Pills
- Condoms

## Coverage and Reach

7

Teams providing services

10

Districts covered

234

Sites covered

## Clients Served



4,410

IUCD clients served



14,567

Couple Years of Protection (CYPs) generated

## Quality of Care

### Client Comfort, Safety & Satisfaction

Clinical Governance

Technical Competence

Adherence to Professional Standards

Services provided by competent providers as per Government of India (GoI) and MSI Reproductive Choices clinical standards.

Client follow-ups done within 24-36 hours of providing service via telephone and Annual Client Exit Surveys carried out to assess client satisfaction levels.

Annual Competency Assessment of all team members.

Annual Quality Technical Assessment carried out by MSI Reproductive Choices.

National and state medical advisory teams review quality standards, organise trainings and monitor Incident Management.

Regular refresher trainings and supportive supervision provided on key areas, such as Infection Prevention, Medical Emergency Management and Counselling.

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