



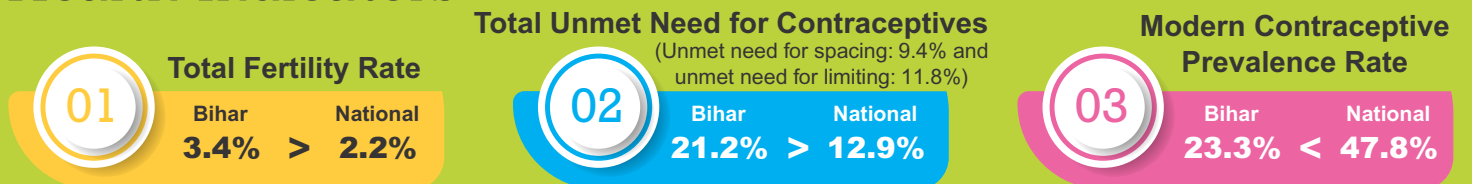
# FRHS INDIA IN BIHAR

Foundation for Reproductive Health Services India (FRHS India) initiated its operations in the state of Bihar with four districts in 2013 and has been working closely with the Government of Bihar since then. Our endeavour is to improve access to affordable high quality sexual and reproductive health services among socially and economically vulnerable populations in the state. We currently provide a range of family planning services in 404 public sector sites in 20 districts of the state covering a population of over 48.8 million.

In 2020, following the nationwide lockdown since 25<sup>th</sup> March, most private and NGO healthcare providers had been non-functional in the state, for most of April. Further, restrictions on mobility had resulted in reduced access to safe abortion and family planning services in Bihar.

As per our 'Policy Brief on Impact of COVID-19 on Family Planing', it was estimated that 1,331,240 clients would be unable to access contraception resulting in 164,319 unintended pregnancies, 57,654 unsafe abortions and 120 maternal deaths during the pandemic. With our advocacy efforts, safe abortion was listed as an 'essential service' during the lockdown, which helped the clients in the state to access the services. In spite of all the restrictions, we served 55,660 clients in the state through 12 Clinical Outreach Teams and 2 Clinics in 2020.

## Sexual and Reproductive Health Indicators



\*Source: International Institute for Population Sciences (IIPS) and ICF. 2017. National Family Health Survey (NFHS-4), 2015-16: India. Mumbai: IIPS.

## Our Service Delivery Channels

### Clinical Outreach Team (COT)



A fully staffed and equipped team providing a full range (spacing, long-acting reversible and permanent methods) of family planning choices to clients in public sector sites.

### Mini-Clinical Outreach Team (Mini-COT)



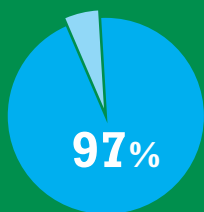
Reaching out to young adults closer to where they live and providing them with information, counselling and family planning services (spacing and long-acting reversible methods).

### Family Health Centres/Clinics

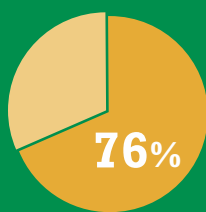


A one-stop facility offering an entire range of high quality family planning and reproductive health services in Gaya and Saharsa, for free, along with safe abortion services that are affordable.

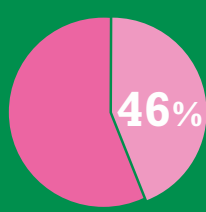
# Our Clients and Their Experiences



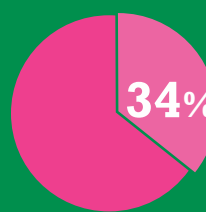
of our clients are **satisfied** with our services



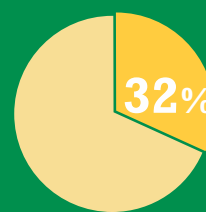
clients believe **FRHS India** exceeded their expectations



of clients never used **family planning**



of clients did not have any **other provider available** for their method



of our clients are living under **extreme poverty**

## CLIENTS SERVED IN 2020



**50,156**  
Tubectomy clients served



**5,126**  
Intra Uterine Contraceptive Device (IUCD) clients served



## OUR IMPACT IN 2020



**673,209**  
Couple Years of Protection (CYPs) generated



**28,711**  
Unintended Pregnancies averted



**10,107**  
Unsafe Abortions averted



**21**  
Maternal Deaths averted

## Going Beyond Adversity

On 24<sup>th</sup> February, 2020, a client named Krishna (name changed), expressed her doubts about the success of her sterilisation procedure, as she had missed her periods for the past 45 days. As soon as our counsellor, Nisha (name changed) was apprised of Krishna's doubts, she instantly advised her to take a pregnancy test, which came out to be positive. Nisha stated the circumstances to the clinical team, which suggested an ultrasound.

On 23<sup>rd</sup> March, our COT team members went to Krishna's place to facilitate an ultrasound. But there were no ultrasound services available in her district.

This led the team members to travel 70 km with the client to access the ultrasound services that revealed that Krishna was pregnant for 9 weeks and 4 days.

By the time Krishna decided to avail the termination procedure, lockdown was well in place, and the nearest services available were 250 km away.

When the abortion services were re-started with the government approvals, our COT team travelled with Krishna and her husband to the nearest clinic and offered her safe abortion and post abortion IUCD services. The client has expressed gratitude towards the FRHS India team, and is perfectly healthy.

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